

## Starters

Nachos with guacamole	<b>New!</b> 3,00 €
Nachos with hummus	2,50 €
Wakame & sesame salad	2,50 €
Salmon tartar	4,50 €

## Create your Poké Bowl

### Choose your size

Kids Size .....	7,95 €
Medium Size .....	10,95 €
Big Size .....	12,95 €

Choose 1 or 2  
bases

Sushi Rice   
Black / Venere Rice  
Brown Rice

Quinoa  
Mesclum

Choose up to  
4 toppings

\*Just 3 in KIDS size

Red cabbage  
Cherry tomatoes  
Red onion with lime  
Avocado (+1€)  
Wakame & sesame   
Caramelized onion  
Peppermint pineapple

Cucumber  
Radish  
Zucchini spiralli  
Corn  
Carrot  
Edamame   
Mango



## Select 1 or 2 proteins

\*Add more proteins (+1 €)

Salmón 

Tuna 

Soft Cheese 

Heura (+1€) 




Pulled Pork

BBQ 

Tofu  

Chicken  

## Choose sauce

-  Creamy base
-  Soy based
-  Oil base

-  Hot sauce
-  Home made sauce

Soy sauce   

Gluten free soy  

Soy, sesame & ginger    

Teriyaki   

Miso & Yuzu    

Ponzu    

Acevichada   

Citric oil   

Mayo kimchi     

Kimchi     

Hoisin  

Katsu   

Honey, mustard & wasabi     

Virgin extra olive oil     

## Choose up to 4 endings

\*Just 3 in KIDS size

Crispy onion 

Furikake     

Sesame  

Ginger 

Coconut flakes 

Chia 

Cilantro

Chive

Peanuts 

Sunflower seed 

## Our favourites \*

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**Poké Black Love** ..... 11,95 €



Black rice. Avocado, red/purple onion, pineapple with mint and edamame. Tuna with soy sauce, sesame and ginger oil. Coriander, grated coconut, furikake and chia.

**Porky Poké** ..... 10,95 €



Sushi rice and brown rice. Mango, zucchini, carrots and corn. Pulled pork BBQ with hoisin sauce. Sunflower seeds, crunchy onion, chia and sesame.

**Poké Gourmet** ..... 12,95 €



Black rice and sushi rice.. Avocado, cherry tomato, mango and wakame seaweed. Salmon x2 and homemade Ponzu sauce. Green onion/chives, sesame, crunchy onion and peanuts.

**Vegan Oma' Oma'O** ..... 11,95 €



Quinoa and lettuce. Avocado, radishes, cherry tomato and edamame. Marinated tofu, Miso and Yuzu sauce. Sesame, peanuts and chia.

**Roasty Chicken** ..... 12,95 €



Brown rice. Avocado, cherry tomato, corn and edamame. Chicken, teriyaki soy sauce and fresh cheese. Sunflower seeds, peanuts, green onion/chives and sesame.

\*Prices for MEDIUM size Poké Bowl

# Burritos

New!



**Pollo Sabrosón** ..... 7,95 €



Chicken+ arugula + caramelized onion + goat cheese + mayo sauce.

**César** ..... 7,95 €



Chicken+ mesclun+ cherry tomatoes + croutons+ parmesan cheese + caesar sauce.

**Clásico** ..... 7,95 €



Salmon + rice + mango + cherry tomatoes + avocado + sesame seeds + mayo kimchi sauce.

**Pecado BBQ** ..... 7,95 €



Chicken + arugula + brie cheese + crispy onion + BBQ sauce.

**Veggie** ..... 7,95 €



Heura + cherry tomatoes + zucchini+ caramelized onion + teriyaki sauce.

Add your drink + coffee or tea for 9,95 €

## Desserts

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Greek yogurt + granola  
+ dried fruit ..... 4,50 €

Cake in jar by *Pepina Pastel* ..... 3,50 €

Flavours	Banoffee Cheesecake Chocolate	Filipinos Oreo
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## Drinks

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### Licuaados 100 % Orgánicos

Orange ..... 3,95 €  
Orange, carrot & apple.

Red ..... 3,95 €  
Cabbage, apple, lime & ginger.

Green ..... 3,95 €  
Spinach, cucumber, apple, lime & celery.

Coke, Nestea

Coffee

Water

Kombucha

Beer

Tinto de Verano

## Breakfast

New!

### With muffin bread or cereal bread

if you can't decide, make it yourself!

Tomato toast + juice (200ml.) .....	3,00 €
<b>T1</b> Toast with tomato + bait shoulder 50% Iberian breed	4,50 €
<b>T2</b> Toast with tomato + avocado .....	4,00 €
<b>T3</b> Toast with avocado + salmon + cream cheese .....	5,00 €
<b>T4</b> Toast with hummus + arugula + chia .....	4,00 €
<b>T5</b> Toast with tomato + avocado + salmon + teriyaki	5,00 €
<b>T8</b> Toast with salmon + tomato .....	4,00 €
<b>T6</b> Peanut butter toast + banana + chia	4,00 €
<b>Y1 Yogur Fruit:</b> Greek yogurt + granola + mango + apple and banana. ....	4,50 €
<b>Y2 Yogur Dulzón:</b> Greek yogurt + granola + banana + peanut butter + chia .....	4,50 €
<b>Açaí + granola + season fruit</b> .....	6,50 €



## Afternoon snack **New!**

### PANCAKES

Order them for **3,95€** or add a shake with fresh fruit for **6,95€**

**TR1** Banana + peanut butter + chia     

**TR2** Season fruit   

**TR3** Banana + cinnamon + honey   

**TR4** Nocilla    

**TR5** Nocilla + oreo    

**TR6** Chocolate syrup   

**TR7** Chocolate syrup + oreo   

