

Starters

Nachos with guacamole	New! 3,00 €
Nachos with hummus	2,50 €
Wakame & sesame salad	2,50 €
Salmon tartar	4,50 €
Olives	New! 1,00 €

Create your Poké Bowl

Choose your size

Kids Size (300gr)	7,95 €
Medium Size (500 gr)	10,95 €
Big Size (1 kg)	12,95 €

Choose 1 or 2
bases

Sushi Rice
Black / Venere Rice
Brown Rice

Quinoa
Mesclum

Choose up to
4 toppings

*Just 3 in KIDS size

Red cabbage
Cherry tomatoes
Red onion with lime
Avocado (+1€)
Wakame & sesame
Caramelized onion
Peppermint pineapple

Cucumber
Radish
Zucchini spiralli
Corn
Carrot
Edamame
Mango



Select 1 or 2 proteins

*Add more proteins (+1 €)

Salmón 

Tuna 

Soft Cheese 




Heura (+1€) 

Pulled Pork
BBQ

Tofu  

Chicken 

Choose sauce

-  Creamy base
-  Soy based
-  Oil base



Hot sauce



Home made sauce

Soy sauce   

Gluten free soy  

Soy, sesame & ginger     

Teriyaki   

Miso & Yuzu    

Ponzu     

Acevichada   

Citric oil   

Mayo kimchi     

Kimchi     

Hoisin 

Katsu    

Honey, mustard & wasabi      

Virgin extra olive oil 

Choose up to 4 endings

*Just 3 in KIDS size

Crispy onion 

Furikake

Sesame  

Ginger 

Coconut flakes

Chia 


Cilantro

Chive

Peanuts 


Sunflower seed 

Our favourites *

Poké Black Love  **11,95 €**




Black rice. Avocado, red/purple onion, pineapple with mint and edamame. Tuna with soy sauce, sesame and ginger oil. Coriander, grated coconut, furikake and chia.

Porky Poké  **10,95 €**



Sushi rice and brown rice. Mango, zucchini, carrots and corn. Pulled pork BBQ with hoisin sauce. Sunflower seeds, crunchy onion, chia and sesame.

Poké Gourmet  **12,95 €**



Black rice and sushi rice.. Avocado, cherry tomato, mango and wakame seaweed. Salmon x2 and homemade Ponzu sauce. Green onion/chives, sesame, crunchy onion and peanuts.

Vegan Oma' Oma'O  **11,95 €**



Quinoa and lettuce. Avocado, radishes, cherry tomato and edamame. Marinated tofu, Miso and Yuzu sauce. Sesame, peanuts and chia.

Roasty Chicken  **12,95 €**



Brown rice. Avocado, cherry tomato, corn and edamame. Chicken, teriyaki soy sauce and fresh cheese. Sunflower seeds, peanuts, green onion/chives and sesame.

*Prices for MEDIUM size Poké Bowl

Burritos

New!



Pollo Sabrosón 7,95 €



Chicken+ arugula + caramelized onion + goat cheese + mayo sauce.

César 7,95 €



Chicken+ mesclun+ cherry tomatoes + croutons+ parmesan cheese + caesar sauce.

Clásico 7,95 €



Salmon + rice + mango + cherry tomatoes + avocado + sesame seeds + mayo kimchi sauce.

Pecado BBQ 7,95 €



Chicken + arugula + brie cheese + crispy onion + BBQ sauce.

Veggie 7,95 €



Heura + cherry tomatoes + zucchini+ caramelized onion + teriyaki sauce.

Add your drink + coffee or tea for 9,95 €

Desserts

Greek yogurt + granola
+ dried fruit 4,50 €

Cake in jar by *Pepina Pastel* 3,50 €

Flavours	Banoffee Cheesecake Chocolate	Filipinos Oreo
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Drinks

Licados 100 % Orgánicos

Orange 3,95 €
Orange, carrot & apple.

Red 3,95 €
Cabbage, apple, lime & ginger.

Green 3,95 €
Spinach, cucumber, apple, lime & celery.

Coke, Nestea

Coffee

Water

Kombucha

Beer

Tinto de Verano

Breakfast

New!

SALTY

WITH MUFFIN BREAD OR CEREAL BREAD

Tomato toast + juice (200ml.)	3,00 €
T1 Toast with tomato + bait shoulder 50% Iberian breed	4,50 €
T2 Toast with tomato + avocado	4,00 €
T3 Toast with avocado + salmon + cream cheese	5,00 €
T4 Toast with hummus + arugula + chia	4,00 €
T5 Toast with tomato + avocado + salmon + teriyaki	5,00 €
T8 Toast with salmon + tomato	4,00 €
C1 Croissant + jam + cheese	2,50 €

SWEETS

T6 Tostada con crema de cacahuete + plátano + chíá	4,00 €
Y1 Greek yogurt + granola + season fruit + blueberries	4,50 €
Y2 Greek yogurt + granola + banana + afternoon snack too! peanut butter + chia	4,50 €
Açaí + granola + season fruit + blueberries	6,50 €
T7 Toast with butter + mermelade	3,00 €
C2 Croissant	2,00 €
C3 Chocolate croissant	2,00 €
C4 Croissant with peanut butter + banana	2,50 €



Afternoon snack **New!**

PANCAKES

Order them for **3,95€** or add a shake with fresh fruit for **6,95€**

TR1 Banana + peanut butter + chia

TR2 Season fruit

TR3 Banana + cinnamon + honey

TR4 Nocilla

TR5 Nocilla + oreo

TR6 Chocolate syrup

TR7 Chocolate syrup + oreo

TR8 York jam + cheese

